

YEAR 1: EXPLORE

- Create an account on Handshake: go.osu.edu/handshake and create/ upload your resume
- Review profiles of students pursuing a degree in public health: go.osu.edu/ph-profiles
- Join a College of Public Health student organization: go.osu.edu/osu-studentorgs
- Go to office hours with faculty members and introduce yourself. Learn about their research, careers and interests. They may be able to serve as mentors, sources of research opportunities, or provide letters of reference when you apply for graduate school or employment
- Job shadow and/or conduct an informational interview to explore career options in public health
- Start volunteering in a public health related organization
- Begin following public health organizations of interest on social media platforms

YEAR 2: DEVELOP

- Participate in research or internship opportunities with faculty in your area of interest
- Join student chapters affiliated with professional associations (APHA, ASPPH, OPHA, OEHA, SOPHE)
- Begin researching careers or graduate/professional programs of interest
- Develop interviewing and networking skills. Attend an interviewing/networking workshop or review relevant OnPace modules for guidance
- Develop additional public health skills in advocacy, public speaking, and presentations:
 - Open Doors bias response training
 - REACH suicide prevention training
 - The Diversity, Intercultural, and Community Engagement Certificate Program (DICE)
- Assume more responsibility in student groups

ONGOING:

- Read the CPH Student Newsletter every week and follow the college on social media.
- Attend career fairs to network with employers and to explore career options
- Participate in an internship, volunteer, or community service project to gain experience and explore career options
- Update resume to reflect all new experiences and skills

YEAR 3: FOCUS

- Make an appointment with a CPH career advisor to discuss career or grad school options
- Enroll in PUBHLTH 3180/3180E, the capstone preparation class. By the end of the semester you will have a placement arranged in field experience (study abroad), internship, or research
- Cultivate a strong career network. Keep in touch with former supervisors, faculty and individuals you meet through family, friends, and campus clubs. They can help when you are searching for internships or employment
- Try to gain leadership roles through student or volunteer organizations
- Begin building a professional social media presence
- Expand professional experiences through volunteer or internship opportunities

YEAR 4: IMPLEMENT

- Enroll in PUBHLTH 3191(E)/3999/3189.xx(E)/4999.01H, the CPH capstone experience class
- Make an appointment with a career advisor if needed to develop and implement a job search plan
- Complete a mock interview with your CPH career advisor. Practice answering common questions: go.osu.edu/interviewskills
- Begin searching for career opportunities through multiple channels such as Handshake and Indeed
- Apply to graduate schools if needed, request transcripts and ask for letters of recommendation
- Request endorsements on LinkedIn. Join a CPH alumni society or group. These groups offer support and members often share possible job opportunities